SOUTH GATE CENTRE

191 Old Wellington Street South

MONDAY	TUESDAY
9 am - 12 Noon Billiards - Snooker	9 am - 12 Noon Billiards - Snooker
1 pm - 3 pm Darts	1 pm - 3 pm Carpet Bowling
	1 pm - 3:30 pm Beginners Billiards - 8 Ball
	1 pm - 4 pm Progressive Pepper
	6 pm - 9 pm Come Dancing
PLEASE BRING INDOOR SHOES FOR	6:30 pm - 9 pm

REEVES COMMUNITY COMPLEX

Billiards

381 Finkle Street

PROGRAMS.

G = Goff Gymnasium M = Mezzanine

MONDAY		TUESDAY	
8 am - 9 am Full Standing Fitness	G	8 am - 9 am Full Standing Fitness	G
9 am - 12:30 pm Social in the Mezz	М	9 am - 10:30 am Social in the Mezz	М
9:30 am - 10:30 am Full Standing Fitness	G	9:30 am - 10:30 am Full Standing Fitness	O
11 am - 12 pm Seated Fitness	G	10:30 am - 12 pm Cribbage	М
1 pm - 4 pm Euchre	М		

PROGRAM SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY
9 am - 12 Noon	9 am - 12 Noon	9 am - 12 Noon
Billiards - Snooker	Billiards - 8 Ball	Billiards - Snooker
1 pm - 4 pm	10 am - 11 am	1 pm - 3:30 pm
Progressive Pepper	Men's Coffee Club	BINGO
1:30 pm - 3 :30 pm R Tech Literacy - Reeves Rm. ENDS DEC. 11	7 pm - 10 pm Bingo - Lions Club NOT RUNNING - Dec. 19 & 26	LIBRARY OPEN Monday to Friday 8:30 am - 3:30 pm



Save the planet and the cost of paper cups. BRING YOUR REUSABLE WATER BOTTLE, MUG OR CUP.

PROGRAM SCHEDULE

WEDNESDAY THURSDAY FRIDAY 8 am - 9 am 8:30 am - 9:30 am M 8 am - 9 am G **Full Standing Fitness** Why Weights Beginner's Line Dancing 9:45 am - 11:15 am M 9 am - 10 am 9:15 am - 10:15 am М Stretch Line Dancing Social in the Mezz 11 am - 12 pm 11:30 am - 1 pm M 10 am - 11 am R M Stability Ball* Social in the Mezz W.O.W. Wellness over Weight 1 pm - 4 pm 11 am - 12 pm G Euchre Seated Fitness

Indicates a program which requires registration.
Other programs register by calling the Centre, stopping in or online in PerfectMind.

* Bring your own ball.

SALLY CREEK COMMUNITY

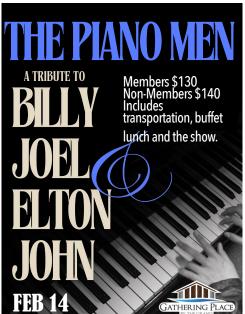
330 Lakeview Drive H = Hall L = Lounge



TUESDAY		THURSDAY	
8 am - 9 am Good Morning Yoga	Н	8 am - 9 am Full Standing Fitness	Н
9 am - 11 am Board Games, Mahjong, etc.	L	9 am - 11 am Board Games, Mahjong, etc.	L
9:30 am - 10:30 am Chair Yoga	Н	9 am - 12 noon Dec.19 VON Blood Pressure Clinic	L
11:30 am - 1 pm Lunch	L	9:30 am - 10:30 am Total Body Workout	L
1:30 pm - 3:30 pm Education ENDS DEC 10	Н	12 pm - 1 pm Lunch	Н
6 pm - 9 pm Bid Euchre	L		



Indicates a program which requires registration. Register by calling the Centre, stopping in or online in PerfectMind.





BOOK NOW!

BUS TRIPS

2024 was another amazing year. We are thrilled with the records we set. We planned 17 trips and hosted 784 passengers and managed to make a profit for South Gate Centre while still keeping our prices very affordable and even lower than most of our competition.

So now we are now starting to plan for 2025. Our goal is to provide you with a worry-free trip starting with a luxury motorcoach. We strive to give you a variety of trips including Casino, Ball Game, Live Theatre, Museums, Bingo Hall, Shopping Trips, Various Local Attractions, walk on guides and good Restaurants. We have had many requests for another Blue Jays Game so that's in our plans for 2025. We also have a few new trips in the plans for next year along with some of our most popular ones. We always welcome your suggestions and feedback. You can talk with Paulette at the Centre, drop off a note at the front desk or in the suggestion box in the café.

Thank You for traveling with us. We appreciate our passengers. You are the BEST. You are what makes all the hard work worth it. Let's make 2025 another great year to travel with South Gate Centre!

2025 is just around the corner and we are in midst of planning our first two trips. Friday January 31 is Fallsview Casino; \$50 Members, \$55 Non-Members. February 14 is Valentine's Day and we excited for our trip for this special day. We are going to a dinner theatre to see The Piano Men, a tribute to Billy Joel and Elton John includes a fabulous lunch buffet; \$130 Members; \$140 Non-Members. Watch for more details coming soon.

Your Travel Committee
Pat Catt and Paulette Whiteford

EVERYONE is WELCOME on these trips.

Call to book, stop into the Centre or book online at http://bit.ly/3IQATfV.

Bus pick-up/drop-off in Southside Park across from children's playground. NO REFUNDS ON BUS TRIPS.













