



Do you have technology questions?

We can help!

Cyber-Seniors Technology Mentors are young people who have been trained to teach technology to older adults and are standing by to help with your smart phone, tablet or computer. You can also learn to:

- Set up a video call with friends and family
- Order groceries and medication online
- Watch movies, musicals and news shows
- Schedule appointments with medical professionals over video

Call **1-844-217-3057**,
email **info@cyberseniors.org** or
go to our website at **www.cyberseniors.org**
to register for FREE webinars or to schedule FREE 1-on-1
tech-help over the phone or via video conference