



**SOUTH GATE CENTRE**

FOR ACTIVE ADULTS

## **FOR IMMEDIATE RELEASE**

**June 1, 2022**

### **June is Seniors' Month in Ontario**

**It is a time to celebrate** our seniors who built this province and to recognize the contributions they have made in communities across Ontario and the lives they have affected across generations.

Our government's theme this year is **Stay Active, Connected, and Safe**. Aging is about living and everyone should be able to age staying active, connected and safe in an Ontario that is open to all.

Throughout June, South Gate Centre will be holding Seniors Month programs/events:

- LIVE MUSIC ON THE PATIO WITH MAUREEN SHIER – **Wednesdays in June** from 11:30 am to 12:30 pm for the month of June. Maureen will be singing 50's, 60's, 70's & 80's music as well as country.
- WOODSTOCK FIRE DEPARTMENT – FIRE SAFETY DISPLAY  
8:30 am to 1:00 pm on the following days:  
**Tuesday, June 14, 2022** – Fire Extinguisher Units  
**Thursday, June 23, 2022** – Hazard House – Look for Hazards!
- SOUTH GATE CENTRE OPEN HOUSE for Non-Members. **Wednesday, June 15, 2022** for Tours of South Gate Centre. Drop into the Centre for a 20-minute tour and a free coffee and goody.
- BBQ & CAPITAL CAMPAIGN FUNDRAISING UPDATE – **Wednesday, June 22** at 12 noon, outside the Centre
- BOOK SIGNING with Theresa Corman – "WALK YOUR PATH with LOVE and COURAGE."  
**Wednesday, June 22** at 12:00 noon on the patio.

For additional information about our programs and services that are available to help seniors lead **healthy, active and engaged lives over the age of 50**, visit us [www.southgatectr.ca](http://www.southgatectr.ca) or check us out on Facebook or Instagram.

South Gate Centre is a not for profit charity.

- 30 -

#### **Media Contact**

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#### **Links**

[www.southgatectr.ca](http://www.southgatectr.ca)

Facebook [www.facebook.com/southgatectr](https://www.facebook.com/southgatectr)

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