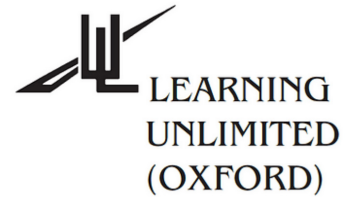


# Learning Unlimited

## at South Gate Centre



### SPRING 2024 PROGRAM

Learning Unlimited (Oxford), founded in 1982, owes its existence to Eva Latham (1909-1990), a brilliant and inspirational leader through whose vision and will this organization came into being. She believed that “using the mind preserves it” and that older people need educational stimulation if they are to stay active in the community. That belief is still here today. In 2022, Learning Unlimited (Oxford) became a program of South Gate Centre, part of whose mission is to promote wellness to fill one’s mind, body and soul.

10:30 AM		MARCH 6		1:15 PM	
<b>THE NORTHERN TORNADO PROJECT</b> Dr. David Sills – London  NTP aims to better detect tornado occurrence throughout Canada and mitigate against harm to people and property. Results from 2017 to 2023 and future plans will be presented.		<b>UNDERSTANDING THE MUNICIPAL WATER AND WASTEWATER CYCLE</b> David Simpson – Woodstock  High level overview of the “source to tap” municipal drinking water systems and “toilet to treatment” wastewater process, along with common challenges to these systems.			
10:30 AM		MARCH 13		1:15 PM	
<b>JOHN MORRISON - TELEVISION DIRECTOR / PRODUCER</b> John Morrison – Toronto  “A video presentation of “Tripping Train 185” followed by a talk about making the film and train travel on this remote Northern Ontario route.		<b>MY JOURNEY TO ME</b> Karen Shaw – Aylmer  A discussion of my experiences, and the challenges of facing traumas and truths to find one’s authentic self.			
No Sessions on March 20					
10:30 AM		MARCH 27		1:15 PM	
<b>FIRE SAFETY AT HOME</b> Lisa Woods – Woodstock  A discussion about fire prevention and safety, top causes of fires and how to be safe at home.		<b>AGING AND ELDER CARE: TIME FOR TRANSFORMATION!</b> John Lord - Waterloo  The pandemic highlighted a crisis in elder care. This session will explore the need for community-based alternatives so elders, despite frailties, can experience a meaningful quality of life.			
10:30 AM		APRIL 3		1:15 PM	
<b>TRACING THE ROOTS OF A NOVEL</b> Terry Fallis – Toronto  In a funny and informative talk, Terry Fallis will trace the roots of his ninth novel, read a brief excerpt and answer questions.		<b>UPPER THAMES RIVER WATERSHED REPORT CARD</b> Cathy Quinlan – London, Craig Irwin - Ridgetown  The presentation summarizes the results from the 2022 Watershed Report Cards which assess local environmental health, particularly surface water quality and forest conditions.			

AM Session: 10:30 am to 11:45 am | PM Session: 1:15 pm - 2:30 pm



10:30 AM		APRIL 10		1:15 PM	
<b>YOUR PHARMACIST - A VALUABLE RESOURCE</b> Lisa Silverthorne - Woodstock Information update on the current scope of practice for Pharmacists in Ontario, as well as pertinent drug information and clinical pearls.		<b>DISCOVER THE WOODSTOCK PUBLIC LIBRARY Outreach Librarian/Public Services Supervisor</b> The Woodstock Public Library is your destination for discovery. Learn about the many services and programs available to you at your library, in-person and online.			
<b>No Sessions on April 17</b>					
10:30 AM		APRIL 24		1:15 PM	
<b>THE SCHOOL ON WHEELS: A CLASSROOM, A COMMUNITY CENTRE AND A HOME</b> Anne Talbot – Clinton Follow the extraordinary journey of a remarkable man’s career as a teacher in a novel approach to education. Fred Sloman created not only a classroom on the school car but also a community hub and a unique home for his family.		<b>WHO WERE THE FARMERETTES? 1941-1952</b> Bonnie Sitter – Exeter Hear the first-hand accounts of Farmerettes and learn about the organization that set the plan in motion to replace the male farm workers who had enlisted for military service.			
10:30 AM		MAY 1		1:15 PM	
<b>ICE WAR DIPLOMAT: THE 1972 EIGHT GAME SUMMIT SERIES</b> Gary Smith – Perth Young career diplomat, Gary J. Smith and his wife, Laurielle, were assigned to the Canadian Embassy in Moscow during the height of the Cold War. Trained in Russian, they attracted the attention of the KGB; but as part of his assignment to find common ground between East and West, Smith helped negotiate the historic Summit Series between Canada and the USSR.		<b>BERRY FARMING: CHALLENGES, THREATS and OPPORTUNITIES</b> Wendy and Daniel Colcuc – Woodstock Wendy and son Daniel will do a deep dive into the challenges, threats and opportunities of growing, marketing and selling hand-picked fruit on their small family farm near Woodstock.			
10:30 AM		MAY 8		1:15 PM	
<b>A GRAND TRAIL</b> Jim and Dianne Ward – Woodstock Outdoor enthusiasts showing photography of wildlife and scenery on the first rail trail in Ontario, from Paris to Glen Morris. Hopefully the images and narrative convey the importance of Greenbelts.		<b>ENTERTAINMENT BY SOUTH GATE MUSICARES</b> South Gate Musicares – Woodstock The South Gate Musicares have entertained all over the area for many years. For the last few years, under their new director Dave Smith, they have had great success. They have a great time with music from the late 50’s to early 70’s and are busy year-round. M.C. Judy Williams.			

## Lunch

Purchase your 8 meal package in advance for the price of \$80 (Daily Cost will be \$12)

This will include your choice: 1) Hot Meals/Dessert or 2) Soup/Sandwich/Dessert. See list below.

OR Order lunch between 9:30 am - 10:30 am the day of the session. Sandwich choices every week will be egg salad or cranberry chicken salad.

Date	Entrée	Sandwich
March 6	Pork loin, veggies & mashed potatoes	Egg Salad
March 13	Beer battered Cod, wedge fries, coleslaw	Chicken Salad
March 27	Hot Hamburger, mashed potatoes & gravy	Ham & Cheese
April 3	Chicken Pot Pie with Salad	Tuna
April 10	Hearty Beef Stew with bun and coleslaw	Egg Salad
April 24	Ham Steak with Rice and veggies	Chicken Salad
May 1	Chicken Stir fry served with rice	Cucumber w/ Cream Cheese
May 8	Summer Cold Plate	Tuna

**Protect the Environment - Bring your own cup/glass! No outside food, special consideration only.**

## Parking & Bus Route

South Gate Centre has parking. If our lot is full you can park in Southside Park.

The South Central bus route runs behind the Centre and there is a stop on Victoria Street behind our building.