

SOUTH GATE CENTRE

191 Old Wellington Street South


MONDAY	TUESDAY
9 am - 12 Noon Billiards - Snooker	9 am - 12 Noon Billiards - Snooker
1 pm - 3 pm Darts	1 pm - 3 pm Carpet Bowling
	1 pm - 3:30 pm Beginners Billiards - 8 Ball
	1 pm - 4 pm Progressive Pepper
	6 pm - 9 pm Come Dancing
	6:30 pm - 9 pm Billiards

PLEASE BRING INDOOR SHOES FOR PROGRAMS.





REEVES COMMUNITY COMPLEX

381 Finkle Street

G = Goff Gymnasium M = Mezzanine

MONDAY	TUESDAY
8 am - 9 am G Full Standing Fitness	8 am - 9 am G Full Standing Fitness
9 am - 12:30 pm M Social in the Mezz	9 am - 10:30 am M Social in the Mezz
9:30 am - 10:30 am G Full Standing Fitness	9:30 am - 10:30 am G Full Standing Fitness
11 am - 12 pm G Seated Fitness	10:30 am - 12 pm M Cribbage
1 pm - 4 pm M Euchre	11 am - 12 noon  G Seated Fitness







PROGRAM SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY
9 am - 12 Noon Billiards - Snooker	9 am - 12 Noon Billiards - 8 Ball	9 am - 12 Noon Billiards - Snooker
1 pm - 4 pm Progressive Pepper	10 am - 11 am Men's Coffee Club	10 am - 11 am  BAM BOUNCER WORKSHOP see p.16
	7 pm - 10 pm Bingo - Lions Club	1 pm - 3:30 pm BINGO
	6:30 pm - 9:30 pm Billiards 	



Save the planet and
the cost of paper cups.
**BRING YOUR REUSABLE
WATER BOTTLE, MUG OR CUP.**

PROGRAM SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY
8 am - 9 am M Why Weights	11:30 am - 1 pm M Social in the Mezz	8 am - 9 am G Full Standing Fitness
9:15 am - 10:30 am M Beginner Plus  Line Dancing	1 pm - 4 pm M Euchre	9 am - 10 am M Social in the Mezz
9:15 am - 10:15 am G Stretch		10 am - 11 am  M W.O.W. Wellness over Weight
10:30 am - 11:30 am M Stability Ball*		11 am - 12 pm G Seated Fitness
10:30 am - 12 pm  G Pickleball - Beginner 	 Indicates a program which requires registration. Register by calling the Centre, stopping in or online in PerfectMind.	

* Bring your own ball.

SALLY CREEK COMMUNITY CENTRE

330 Lakeview Drive
H = Hall L = Lounge

TUESDAY		THURSDAY
8 am - 9 am Good Morning Yoga	R H	8 am - 9 am Full Standing Fitness H
9 am - 11 am Board Games, Mahjong, etc.	L	9 am - 11 am Board Games, Mahjong, etc. L
9:30 am - 10:30 am Chair Yoga	R H	9 am - 12 noon Jan 16 VON Blood Pressure Clinic L
11:30 am - 1 pm Lunch	L	9:30 am - 10:30 am Total Body Workout L
1:30 pm - 3:30 pm Education	R H	12 pm - 1 pm Lunch H
6 pm - 9 pm Bid Euchre	L	7 pm - 9 pm Cornhole R H

R Indicates a program which requires registration. Register by calling the Centre, stopping in or online in PerfectMind.

RECENT EVENTS

Tinsel & Treasures Online Auction

This year we held the 1st Annual Tinsel & Treasure Online Auction featuring some incredible gifts and beautifully decorated Christmas Trees. Special thanks to all the local businesses and community members that put together these unique and festive delights. This year's online auction brought in \$2,600.

Thank you to all of our contributors and congratulations to our winners! We are so thankful for your support!

Memorial Tree of Lights

Congratulations and thank you to Brock & Visser for a heartwarming and memorable evening on December 6.

\$2050 was donated to South Gate from the in memory naming donors.

Thank you for choosing to support South Gate for yet another year.

The Memorial Tree of Lights & Memory sign can be seen at Brock & Visser Funeral Home on Vansittart Avenue in Woodstock.

BUS TRIPS

Fallsview Casino Bus Trip

Niagara Falls



FRI JAN 31

Members \$50
Non-Members \$55
Price includes \$35 slot credit.
Must be 19+ years of age.

THE PIANO MEN

A Tribute to Billy Joel & Elton John
Includes transportation, buffet lunch and the show



FRI FEB 14

Members: \$130
Non-members: \$140

Disney THE LION KING

THE AWARD-WINNING BEST MUSICAL

PRINCESS OF WALES THEATRE, TORONTO, CANADA

Includes transportation, orchestra seats, dinner at the Mandarin

WED APR 30

Members: \$245
Non-members: \$255



SOUTH GATE CENTRE

Book Now

519-539-9817

No refunds.
Tickets are transferrable.

Call to book, stop into the Centre or book online at <http://bit.ly/3IQATfv>.

Bus pick-up/drop-off in Southside Park across from children's playground. **NO REFUNDS ON BUS TRIPS.**

