

SOUTH GATE CENTRE



This wonderful initiative will let an older adult in our community know that someone cared enough to make sure they had a nutritious meal on their table. We presently have a number of seniors on our list that greatly benefit from a FOOD ANGEL.

You can make a difference. Be a FOOD ANGEL.

Donate to feed a senior, for a week, a month, or a year.

A combination of fresh, hot, frozen, healthy home cooked meals will be delivered to a senior from you, their FOOD ANGEL.

A friendly face will deliver meals 4 days a week (7 meals a week) to a senior in need.

“Remember that the happiest people are not those getting more, but those giving more.” - H. Jackson Brown Jr.



SOUTH GATE
CENTRE

191 Old Wellington St. S.
Woodstock, ON
519-539-9817

South Gate Centre provides a place in the community for thousands of older adults to socialize, grow intellectually, get information, exercise and eat a healthy affordable home cooked meal throughout the week.

Food insecurity is rising amongst seniors at an alarming rate. Seniors dealing with underlying health issues, isolation and not eating a healthy meal live at risk. Fortunately, South Gate Centre has repositioned ourselves, working hard to be innovative, creative and caring in new ways.

We offer a hot food menu and an extensive frozen food menu for curbside pickup or free delivery, four days a week.

We strive to keep our prices reasonable so that the meals are affordable for all.

South Gate is a not for profit charitable organization and we rely on grants and donations to allow us to keep our services affordable.

Our team of caring volunteers are seniors themselves, helping with delivery and packing our food orders. Seniors helping Seniors.

Be a FOOD ANGEL at one of the following levels:

Donation Amount	Provide food for 1 person for:	Recognition in the newsletter for:
\$ 60	1 week	-
\$250	1 month	1 issue
\$750	3 months	3 issues
\$1,500	6 months	6 issues
\$3,000+	1 year	11 issues (1 year), social media, in-house recognition

Tax receipts issued for every donation.

If you are interested in becoming a FOOD ANGEL call us today, 519-539-9817 or donate online at <https://www.canadahelps.org/en/charities/south-gate-centre-inc/>